

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Overview of the Human Body**

Content Standard: **Students will identify, evaluate, and analyze all human body systems and critical terminology associated with anatomy and physiology.**

State Curriculum Standard: **3.3.12.A Explain the relationship between structure and function at all levels of organization.**

**3.3.12.B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Define anatomy &amp; physiology.</li> <li>B. Explain how anatomy and physiology are related.</li> <li>C. Human body systems.</li> <li>D. Levels of organization.</li> <li>E. Homeostasis.</li> <li>F. Anatomical terminology.</li> <li>G. Body planes and sections.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Collection and analysis of data</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy &amp; Physiology Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 1</li> <li>• <u>Anatomy &amp; Physiology Coloring Workbook Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 1 <i>Note: Each student needs a copy of this book for personal use</i></li> <li>• Teacher-developed notes and handouts</li> <li>• Video tapes / DVDs</li> <li>• Primary and secondary source readings</li> <li>• Library services</li> <li>• Posters / Visual Aids</li> <li>• Models</li> <li>• Websites</li> </ul>	<ul style="list-style-type: none"> <li>• Objective tests</li> <li>• Projects/presentations</li> <li>• Video follow-up activities</li> <li>• Study guide</li> <li>• Lab report evaluation</li> <li>• Quizzes</li> <li>• Homework</li> <li>• Class Work</li> <li>• Lab practical</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Skin and Body Membranes**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence skin and body membranes.**

State Curriculum Standard: **3.3.12.A Explain the relationship between structure and function at all levels of organization.**

**3.3.12.B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Membrane functions and locations.</li> <li>B. Membrane structures.</li> <li>C. Identify (epidermis, dermis, hair, sebaceous gland and sweat gland.</li> <li>D. Layers of the epidermis.</li> <li>E. Skin color and the function of melanin.</li> <li>F. Burns (rule of nines).</li> <li>G. Diseases.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Collection and analysis of data</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy &amp; Physiology Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 4</li> <li>• <u>Anatomy &amp; Physiology Coloring Workbook Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 4 <i>Note: Each student needs a copy of this book for personal use.</i></li> <li>• Teacher-developed notes and handouts</li> <li>• Video tapes / DVDs</li> <li>• Primary and secondary source readings</li> <li>• Library services</li> <li>• Posters / Visual Aids</li> <li>• Models</li> <li>• Websites</li> </ul>	<ul style="list-style-type: none"> <li>• Objective tests</li> <li>• Projects/presentations</li> <li>• Video follow-up activities</li> <li>• Study guide</li> <li>• Lab report evaluation</li> <li>• Quizzes</li> <li>• Homework</li> <li>• Class Work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Muscular System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human muscular system.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Names of major muscles.</li> <li>B. Types of muscle.</li> <li>C. Actin/ myosin.</li> <li>D. Action potential/ muscular contraction.</li> <li>E. Tetanus/ isotonic/ isometric.</li> <li>F. Aerobic vs. anaerobic.</li> <li>G. Body movements.</li> <li>H. Muscle building (strength training, supplements, etc.).</li> <li>I. Muscle disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> <li>• Complete dissections</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapter 6</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapter 6 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **The Skeletal System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the skeletal system.**

State Curriculum Standard: **3.3.12.A Explain the relationship between structure and function at all levels of organization.  
3.3.12.B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Functions of the system.</li> <li>B. Four kinds of bones.</li> <li>C. Parts of a long bone.</li> <li>D. Formation of bone.</li> <li>E. Calcium effects on bone health.</li> <li>F. Types of fractures.</li> <li>G. Skull and vertebrae.</li> <li>H. Joints.</li> <li>I. Disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Collection and analysis of data</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy &amp; Physiology Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 5</li> <li>• <u>Anatomy &amp; Physiology Coloring Workbook Seventh Edition</u> (Pearson Benjamin Cummings, 2003) – Chapter 5 <i>Note: Each student needs a copy of this book for personal use.</i></li> <li>• Teacher-developed notes and handouts</li> <li>• Video tapes / DVDs</li> <li>• Primary and secondary source readings</li> <li>• Library services</li> <li>• Posters / Visual Aids</li> <li>• Models</li> <li>• Websites</li> </ul>	<ul style="list-style-type: none"> <li>• Objective tests</li> <li>• Projects/presentations</li> <li>• Video follow-up activities</li> <li>• Study guide</li> <li>• Lab report evaluation</li> <li>• Quizzes</li> <li>• Homework</li> <li>• Class Work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Cardiovascular System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human cardiovascular system.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Parts/ locations/ functions.</li> <li>B. Blood/ pathway of blood.</li> <li>C. Valves (heart)/ describe a heartbeat.</li> <li>D. Read an EKG.</li> <li>E. Systole/ diastole/ stroke volume/ cardiac cycle.</li> <li>F. Take a BP/ pulse.</li> <li>G. Exercise.</li> <li>H. Cardiovascular disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> <li>• Complete dissections</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapter 11</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapter 11 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Nervous System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human nervous system.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Nervous system function.</li> <li>B. Neuron Structure.</li> <li>C. Peripheral nervous system.</li> <li>D. Central nervous system.</li> <li>E. Spinal chord.</li> <li>F. Brain.</li> <li>G. Action Potential.</li> <li>H. Reflexes.</li> <li>I. Nervous system disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapter 7</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapter 7 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Respiratory System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human respiratory system.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Associated organ function.</li> <li>B. Protective mechanisms.</li> <li>C. Gas exchange.</li> <li>D. Gas transport.</li> <li>E. Exercise influences.</li> <li>F. Disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapter 13</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapter 13 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Dissections</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Digestive System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human digestive system.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Organ systems.</li> <li>B. System activities.</li> <li>C. Food and nutrient absorption.</li> <li>D. Metabolism/BMR.</li> <li>E. Krebs cycle.</li> <li>F. Diet and nutrition.</li> <li>G. Disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapter 14</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapter 14 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Dissections</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> </ul>



## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Lymphatic/ Endocrine System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human lymphatic and endocrine systems.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Structure of the systems.</li> <li>B. Hormones.</li> <li>C. Negative feedback system.</li> <li>D. Endocrine vs. exocrine.</li> <li>E. Glands.</li> <li>F. Lymphatic system overview.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> <li>• Complete dissections</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapters 9/ 12</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapters 9/ 12 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>

## Applied Human Biology 11<sup>th</sup> and 12<sup>th</sup> Grade

Unit: **Urinary/ Reproductive System**

Content Standard: **Students will identify, evaluate, and analyze factors that determine and influence the human urinary and reproductive systems.**

State Curriculum Standard: **3.3.12A Explain the relationships between structure and function at all levels of organization.  
3.3.12B Analyze the chemical and structural basis of living organisms.**

Course Content	Student Performance	Resources	Assessments
<ul style="list-style-type: none"> <li>A. Major organs of urinary system.</li> <li>B. Urine formation.</li> <li>C. Disorders of urinary system.</li> <li>D. Major organs of reproduction system.</li> <li>E. Spermatogenesis.</li> <li>F. Disorders of reproductive system.</li> </ul>	<ul style="list-style-type: none"> <li>• Take notes from a variety of instructional presentations</li> <li>• Complete carefully all assigned reading activities</li> <li>• Complete all assigned laboratory investigations</li> <li>• Participate constructively in a variety of group activities</li> <li>• Participate constructively in class and group discussions</li> <li>• Demonstrate evaluative and critical thinking skills in both oral and written format</li> <li>• Thoughtfully view and analyze all video presentations</li> <li>• Complete dissections</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Essentials of Human Anatomy and Physiology, Seventh Addition</u> (Pearson Benjamin Cummings 2003) – Chapters 15/ 16</li> <li>• <u>Revised Anatomy and Physiology Coloring Workbook: A complete Study Guide, Seventh Edition</u> (Pearson Benjamin Cummings 2003) – Chapters 15/ 16 <i>Note: Each student needs a new copy of this book for personal use.</i></li> <li>• Textbook supplementary materials</li> <li>• Teacher-developed notes and handouts</li> <li>• Models</li> <li>• Video tapes/DVDs</li> <li>• Primary and secondary source readings</li> <li>• Websites</li> <li>• Library services</li> <li>• Posters/visual aides</li> </ul>	<ul style="list-style-type: none"> <li>• Objective Tests</li> <li>• Projects/Presentations</li> <li>• Video Follow-up Activities</li> <li>• Study Guide</li> <li>• Lab Report Evaluation</li> <li>• Quizzes</li> <li>• Lab practical</li> <li>• Homework</li> <li>• Class work</li> <li>• Lab practical</li> <li>• Dissections</li> </ul>