

# How to sign up for Mr. LaBar's Summer district practice notifications

Text @distprac to (424) 835-7780

or

Email [distprac@mail.remind101.com](mailto:distprac@mail.remind101.com)



<b>To:</b>	<input type="text" value="distprac@mail.remind101.com"/>
<b>Subject:</b>	<input type="text" value="(you can leave the subject blank)"/>

Remind101 Inc., a safe way for teachers to communicate with students and parents.

To opt-out, text 'unsubscribe @distprac' to (424) 835-7780. Standard text message rates apply. Visit [remind101.com](http://remind101.com) to learn more.

