Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Health 9

**Alcohol**

1. ethanol (566)

2. fermentation (566)

3. depressant (567)

4. intoxication (567)

5. List 6 factors that influence alcohol’s effects: (567)

a.

b.

c.

d.

e.

f.

6. Short term effects of alcohol to the body: (568)

1. Changes to the brain:

aa.

bb.

cc.

dd.

1. Cardiovascular changes:

aa. heart:

1. Liver & kidney problems:

aa. liver:

bb. kidneys:

1. Digestive system problems:

aa. stomach:

1. Pancreas problems:

aa. pancreas:

7. List 3 typical alcohol-drug interactions: (568)

a.

b.

c.

8. List 5 long term effects of alcohol: (569)

a.

b.

c.

d.

e.

9. binge drinking (569)

10. alcohol poisoning (569)

11. List 4 effects of alcohol poisoning: (570)

a.

b.

c.

d.

12. psychological dependence (572)

13. physiological dependence (572)

14. List 3 factors that influence alcohol use: (572)

a.

b.

c.

15. It is illegal for anyone under the age of 21 to \_\_\_\_\_\_\_\_\_\_\_\_\_,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ alcohol. (573)

16. alcohol abuse (575)

17. alcoholism (575)

18. List 4 benefits of living alcohol-free: (576)

a.

b.

c.

d.

19. blood alcohol concentration (BAC): (578)

20. List 4 consequences of driving while intoxicated: (579)

a.

b.

c.

d.

21. fetal alcohol syndrome (580)

22. List 4 effects of fetal alcohol syndrome: (580)

a.

b.

c.

d.

23. alcoholic (581)

24. List the 3 stages of alcoholism: (582)

Stage 1:

Stage 2:

Stage 3:

25. recovery (582)

26. sobriety (582)

27. List 3 resources/programs available to help alcoholics & their families: (583)

a.

b.

c.